



Covered Bridge at Camp Country. - Photo by Linda Gooden.

UPCOMING EVENTS

Note: Not all events are listed on this and other DFCSCA calendars. If you are planning an event and wish to check the availability of a specific facility on a certain date, please call 248-882-4626

Fall Talkoo November 5

The fall *talkoo* is Finn Camp's annual tradition of its members coming together to prepare the grounds for the winter. Please come out for this event, which is a sociable occasion as well as being task oriented. All ages are invited to join in. Free *mojakka* and a complimentary sauna will be provided for the workers. This year's *talkoo* will be held on Sunday, November 5, starting at 10:00 a.m. Sign in at the Clubroom upon arrival.

CALENDAR

November

- 2 — Future Planning meeting, 7:30 p.m., Boardroom
- 4 — **Fall Harvest Dinner**, 3:00 - 6:00 p.m. Clubroom
- 5 — **Annual Fall Talkoo**, 10:00 a.m., meet at Clubroom
- 12 — Board meeting, 10:00 a.m., visitors at noon
- 15 — **Holiday Extravaganza**, 5:00 - 8:00 p.m., Nov. 15 and 16p.m., clubroom
- 17 — **Sisu Sisters Spa Night**, 7:00 p.m. - 10:00 p.m., Sauna

December

- 9 — **Finland Centennial Celebration & Pikku Joul** & Board Sponsored Christmas Party, clubroom
- 31 — **New Year's Eve Party**, 9:00 p.m., Clubroom

Clubroom: Open Fridays, Saturdays, 7:00 p.m. to close

Sauna Hours:

Wednesday - 6:00 p.m. to 9:00 p.m.
Saturday - 3:00 p.m. to 9:00 p.m.

All newsletter material is due on the 15th of the previous month.





Fall Harvest Dinner in November

Please join the Bar Committee for this annual event on Saturday, November 4, from 3:00 to 7:00 p.m. We provide the turkey, mashed potatoes, stuffing and salad. Bring your appetite and a veggie dish or your favorite dessert to pass.

Looking to express yourself creatively? Want to talk about something Finnish? Have writing or technical skills? Come try out the Newsletter and Web Site committee.

We are welcoming any Finn Camp member to become a part of our team.

For details contact Erick Leskinen,
248-387-9409

erick_leskinen@finncamp.org

or Brian Pelto 734-658-8804

bpelto@ohiogratings.com



Holiday Extravaganza

Come one come all to our 6th holiday extravaganza at the club room on Wednesday, November 15, and Thursday, November 16, from 5:00 to 8:00 p.m. We will have a wonderful variety of unique handmade jewelry, wreaths, custom decorated trees, wearable art, home decor, and one of a kind treasures to fit every budget. Hot pasties will be on sale for you to enjoy with us or frozen to take with you. Can't wait to see you. A few spaces are still available for rent. Please contact Kari for any questions. Ph: [248-217-5467](tel:248-217-5467).

Sisu Sisters Spa Night

Please join us to celebrate the start of the holiday season on Friday, November 17, from 7:00 – 10:00 p.m. at the sauna. Enjoy a sauna, games, snacks and beverages with your Finn Camp friends. As always, massages will be available at \$1.00 per minute. We will be providing baked salmon, smashed redskins and asparagus. Please feel free to bring a dish to add to our feast and a wrapped gift for our White Elephant exchange. ***This is our thank you for your help and support throughout the year!***

Saunas May Lower Health Risk

A Finnish study suggest that regular sauna visits can reduce the risk for high blood pressure. The study in the American Journal of Hypertension, included 1,621 middle age men with normal blood pressure who were followed for an average of 25 years. During that time, 251 developed hypertension. Compared with those who reported one sauna session a week or less, those who took two to three sessions were 24 percent less likely to have hypertension, and four to seven visits a week reduced the risk by 46 percent. The study author, Dr. Jari A. Laukkanen, a professor of medicine at the University of Eastern Finland suggested the warmth of the sauna improves blood vessels which eases blood flow, and the warmth and subsequent cooling down of a typical Finnish sauna induces a general relaxation that helps moderate blood pressure. Also sweating acts as a natural diuretic. Diuretic are among the oldest drugs for hypertension. ‘This is good news,’ he said. ‘A healthy thing that is pleasant to do, and involves no sacrifice.’

Finn Camp Christmas Card

An association Christmas card will be mailed to all members and we need you to design it! Please submit card designs no later than December 3. Cards should be on 8.5" × 11" paper, folded in half. Designs should be mailed to the Finn Camp address (2524 Loon Lake Road, Wixom 48393), attention: Christmas Card or emailed to treasurer@finncamp.org. Anyone who would like their name in the Christmas card this year is required to pay \$5.00 by December 3. Please contact Amber Martin with any questions or to make payment: 248-770-9994 or treasurer@finncamp.org. Kiitos!

Finland Takes World Title for Skinny Dipping

It was reported in July this year that Finland has taken the world title for most people skinny dippy at the same time. A reported crowd of 789 entered the water of Linnunlahtu Bay in Joensuu on July 15. This event happed at a Hosaarirock music festival. The festival reports the swimmers were required to stay in the water for five minutes in order to break the record. The crowd started singing the Finnish National anthem to celebrate the country's centennial. This was the third Finish attempt at the record. Previous efforts in 2015 and 2016 each attracted around 300

Free “Classified” Ads

All members are invited to list here any services—for pay or barter—that they would like to advertise, whether it's a service such as handyman or seamstress or pet care or seasonal activities like garage sales. All you have to do is provide the following information: The type of service offered; a description of just what you do as the service provider; your price (hourly rate, job rate, to be negotiated, or whatever); your name; and your contact information (preferred method and times: phone, email, etc.). Total length, including spaces, should not exceed 50 words, not counting the headings. (Overlength copy will be edited for fit.) The deadline is the same as the date for newsletter copy: the 15th of each month.

Beverly Jokinen Graphic Artist

Websites and Print Graphics—

Creative ideas, personalized attention, special DFCSCA rates. See portfolio: www.bcpreview.com. Email: Beverly@bcpreview.com or call 248-207-1850

Need a Seamstress?

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248-303-7337

participates. The previous record was set in Perth, Australia by 786 people.



Finland Centennial Celebration & Board-Sponsored Christmas Party

Saturday, December 9, starting at 4:00 p.m. in the Clubroom

Join the Board of Directors and the Cultural Committee in celebrating Finland's 100 years of independence at the annual Christmas Party. Dress in blue and white or wear a traditional Finnish folk costume. Dance and listen to the music of FinnFolk. Enjoy Don Reinholm's beautiful accordion rendition of Sibelius' most famous composition, **Finlandia**. Share your favorite Finnish appetizer, side dish, soup or dessert at the Finnish potluck. (The Board will provide the holiday ham.) (Check out these Websites for recipe ideas: <https://finland.fi/christmas/christmas-cookbook/> and <https://www.yummly.com/recipes/finnish-desserts#!>.) *Of course, non-Finnish dishes are welcome, too!*

Lakes Area Bait Shop

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Suppliers to the Finn Camp
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\$50 for members, \$60
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Contact Mike Honka,
ph. 248-860-5109

Affinity Promotions

Do you have an upcoming family reunion that you need t-shirts or little gifts? Are you a business that has a trade show coming up and you need booth giveaways or a unique item to hand out to prospective clients? We can help with all of the above and more. Give me a call at 248-640-0481 or visit my website and let me help you with your marketing needs. Denise Niemasz

www.AffinityPromos.net



Finnish Hunters

Hunting season has officially begun in Finland. As early as August some species of birds can be hunted. Most animals and fowl though, are hunted between October and December. Since the early 1900's hunting as well as fishing made surviving Finland's cold harsh winters possible. Furs and pelts harvested were used as a method of payment and similar to other countries served as an important part of trade. Many Finnish families today continue to use game hunted as a source of pure wild-meat, especially larger game like Moose.

By far the most populous animal inhabiting Finnish forests, it's astounding that 70,000 moose are captured each season. In fact, 300,000 Finnish citizens annually obtain their hunting license. That's almost 6 percent of Finland's population. One must pass an extensive hunting exam, with more rigorous requirements for hunting moose, to receive a license from the Finnish Wildlife Agency. Even though hunting is no longer necessary for survival, it still remains a socially acceptable hobby. Many Finlanders join hunting parties to promote safety, physical exercise, a sense of community and a healthy lifestyle. Besides hunting, they count wildlife, track big game, chase away dangerous predators and locate animals injured in traffic. Their voluntary environmental work benefits all of society and contributes to the respect they and their sport are given.

--Naomi Petäinen

Finn Camp Store



Shop the Finn Camp Store in the Clubroom, whatever the season! We have t-shirts, hats, hoodies, koozies, and Finnish CDs. For access to the store during off hours, call Patti Leppi, at 248-921-1432, or email her at Store@finncamp.org.

BOARD NOTES AND REMINDERS

The Board would like to welcome new members Justin and Jennifer Mundy and their son Grayson.

Camp Country will be closing on Sunday, November 12, 2017. The water and power will be turned off and the gates will be locked.

The Finn Camp has a member's only group on Facebook. If you are not a member of the group and would like to be added, contact Linda Gooden at gooden_71@hotmail.com with your email address and she will add you to the group. This group will include private members only events, work projects and be just another form of communication to our members.

You can now transfer money to pay your Finn Camp bill online using PayPal by using "treasurer@finncamp.org" on PayPal "Pay for goods and service" page, <https://www.paypal.com/myaccount/transfer/buy>.

At the sauna building do not park along side of the building adjacent to the outdoor men's changing area as this is a fire lane. In case of an incident an emergency vehicle will need to have access to this area.

If you have an address or phone number change please email us at bookkeeper@finncamp.org. The Finn Camp membership form can be found at www.finncamp.org at the top, right corner of page 1.

The camp social director is Joni Sennhenn. Please contact her at 248-882-4626 if you would like to make a reservation for the beach and sauna area, the *Kenttä*, Dance Hall or Clubroom. Note: There is no rental fee for committee sponsored events. You will need to go through the social director however to ensure the venue is available.

Members with suggestions, comments or board-related business are asked to e-mail board@finncamp.org. General questions may be answered by visiting www.finncamp.org.

BOARD AND COMMITTEE MEETINGS

Board of Directors

Sunday, November 12, 10:00 a.m., visitors at 12:00 noon
There is no board meeting scheduled in December.

Future Planning Committee

Thursday, November 2, 7:30 p.m. a.m. Boardroom

Finn Camp Newsletter

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Subscriptions: Printed newsletters by regular mail are \$15 per year. Subscriptions by email are free. To receive newsletters via email (the only version in color) go to newsletter_editor@finncamp.org and write "Subscribe to Newsletters" in the subject field.

All material for newsletter articles is due by the 15th of the month.

Please visit the Finn Camp website at www.finncamp.org.